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PAGE 24



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second round, and one step
closer to another cup

PAGE 25

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U-20 100 DAYS AWAY

Local soccer players, from left, Suekiana Choucair, Kaylin Hermanutz and Alessandra Parth kneel at West Edmonton Mall Sunday during a launch event marking 100 days until the Women's U-20 World Cup.

RYAN TUMILTY/METRO

Family mourns 'beloved mom,' 'perfect sister'

Aileen (Gina) Robinson.
Estranged husband
charged in murder



RYAN
TUMILTY

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Family members are mourning a woman they described as the "perfect sister," who was killed last week in what police have now deemed a homicide.

Police were initially called to a home in the Castledowns neighbourhood in the area of Warwick Road after reports of an injured woman last Monday evening.

Aileen (Gina) Robinson, 54, was rushed to hospital but died on Wednesday, and an autopsy confirmed Friday her death was a homicide, the result of blunt-force trauma.

Initially police were unsure what had caused Robinson's injuries, but on Saturday they announced they had charged Gilbert Paul Robinson, 58, with second-degree murder.

In a statement, police said they had determined the injuries were the result of an aggravated assault.

Robinson has been identified as Gina's estranged husband.

Gina's brother, Reg Chimko, spoke to reporters Sunday and said the loss to the family has been immense.

"Our family has been greatly impacted by this tragic event," he said while holding back tears. "Gina was a beloved mom, co-worker, sister and friend. She leaves behind her two children, Amanda and Paul, as well as her siblings."

Chimko spoke to reporters with family at his side and said



Reg Chimko chokes back tears as he speaks to reporters about his sister, Aileen (Gina) Robinson, who was killed last week. RYAN TUMILTY/METRO

his sister had an incredible outlook on life and a spirit that everyone would miss.

"Gina lit up the room whenever she entered and her laugh was infectious. She cared about her family and everyone and loved children dearly," he said. "She was the perfect sister. If God could bless anybody, he did us."

The accused in the case is being held in custody.



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Health. End of pharmacy loyalty plans causing pain for patients

Alberta pharmacists' plan to put an end to loyalty programs, Air Miles and other inducements has people who spend much of their income on medication concerned.

Roxanne Stewart, vice-president of the Edmonton-based Chronic Pain Association of Canada, said she has heard from many concerned patients since the change was announced.

The change, which the Alberta College of Pharmacists plans to implement on May 1, would stop pharmacists from offering points or other loyalty programs for drug purchases.

Stewart said for at least one chronic pain sufferer she has talked to, those points are desperately needed.

"He's using them to buy groceries, because his income is so limited," she said.

Stewart said she is frustrated the college didn't consult with the public more broadly and she has joined thousands of people who have signed an online petition calling for the government to step in.

"That process seems to be lacking and the college of pharmacists seems to have jumped ahead to a ban," he said.

Kit Poon, a pharmacist and owner of a small pharmacy in Stony Plain, said the college made the right decision ending the practice.

"We think as health professionals first and, from a health standpoint, there really is no point to an inducement," he said, adding he has seen patients bring back unused drugs purchased only to collect points. **RYAN TUMILTY/METRO**



Members of the Florence Hallock playground fundraising team stand in front of the school Sunday with MLA Janice Sarich, far right, moments after they received a \$125,000 cheque from the province for the playground fund. **LEAH GERMAIN/METRO**

Alberta gives playground fund a \$125,000 boost

Florence Hallock.

Kids a step closer to having a place to play after province hands over cheque to parents



LEAH GERMAIN
leah.germain@metronews.ca

Students at a north Edmonton school are one step closer to jumping onto their very own playground as the province handed over a cheque for \$125,000 Sunday.

After more than four

years of fundraising for the \$635,000 needed to build the district playground facility and \$80,000 basketball court, parents at Florence Hallock School are calling the latest funding approval a step in the right direction.

"This is a big deal," said Noela Shields, parent coordinator for the playground project.

Working to raise matching funds, the parents were pleasantly surprised to learn last week the province would supply the cash sooner than expected.

"We still have to have all the money in place; it just gives us time and breathing

room," Shields said about the funds, which were part of the province's Community Facility Enhancement.

While building a playground might not seem like an unusual burden in Alberta, parents at Florence Hallock have been working since the school opened in 2010 to raise funds for a playground that meets the city's code for their community, which involves a far larger scale than a typical park.

With around \$100,000 in the bank thanks to corporate donations and many bottle drives, bingos and popcorn sales, the group is now hoping to have all the money required to meet a grant-matching dead-

Playtime is coming

Parents hope to start construction next spring.

line put forward by the city.

"The group that started all of this is over the moon, because these big cheques are what we were waiting for, but we couldn't apply for them when we didn't have money in the bank," Shields said.

MLA Janice Sarich said Sunday was a very proud day for parents.

"The community has shouldered (this project) since the school was built," she said.

1 NEWS

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West Edmonton. Autopsy set for shooting victim

Three bouquets of flowers leaned against a chain-link fence in west Edmonton Sunday afternoon, 24 hours after police responded to a nearby apartment where a man was found dead.

Reading "Michael, you are in my heart forever — Mom K," the note attached to a handful of roses sat steps away from the apartment building where a man believed to be in his 30s was fatally shot Saturday.

Responding to reports of the shooting in an apartment near 89 Avenue and 149 Street Saturday at approximately 4:18 p.m., police found the victim dead upon arrival.

EMS attempted to resuscitate the man, but couldn't revive him.

There were no suspects at press time. Police spent Saturday evening and Sunday interviewing witnesses from the building for more informa-



Flowers lean against a fence near the building where a man was shot Saturday. LEAH GERMAIN/METRO

tion.

Edmonton's medical examiner has scheduled an autopsy for Monday at 1 p.m. to confirm his identity and cause of death.

If the death is deemed a homicide, it will be the city's 10th of the year.

LEAH GERMAIN/METRO

Okanagan Falls

Police investigate suspicious death after body recovered

RCMP are investigating what they are calling a suspicious death after a body was recovered from Okanagan Falls, south of Penticton, B.C.

Police found a dead 24-year-old Alberta man floating in a channel on Friday. No other details have been released.

Officers are urging anyone with information to call Penticton RCMP at 250-492-4300.

THE CANADIAN PRESS

AIMCo

Pension fund manager looks to replace CEO

Pension fund manager AIMCo says it has started looking for a replacement for CEO Leo de Bever.

In a statement issued Friday, the Alberta Investment Management Corp. said it has begun a search process to "ensure a new leader is in place to guide the organization into the next phase of its evolution." AIMCo invests on behalf of 27 pension, endowment and government funds in Alberta, including the Alberta Heritage Savings Trust Fund. THE CANADIAN PRESS

Community hopes for new school

Beverly Heights. EPSB continues discussions for closure



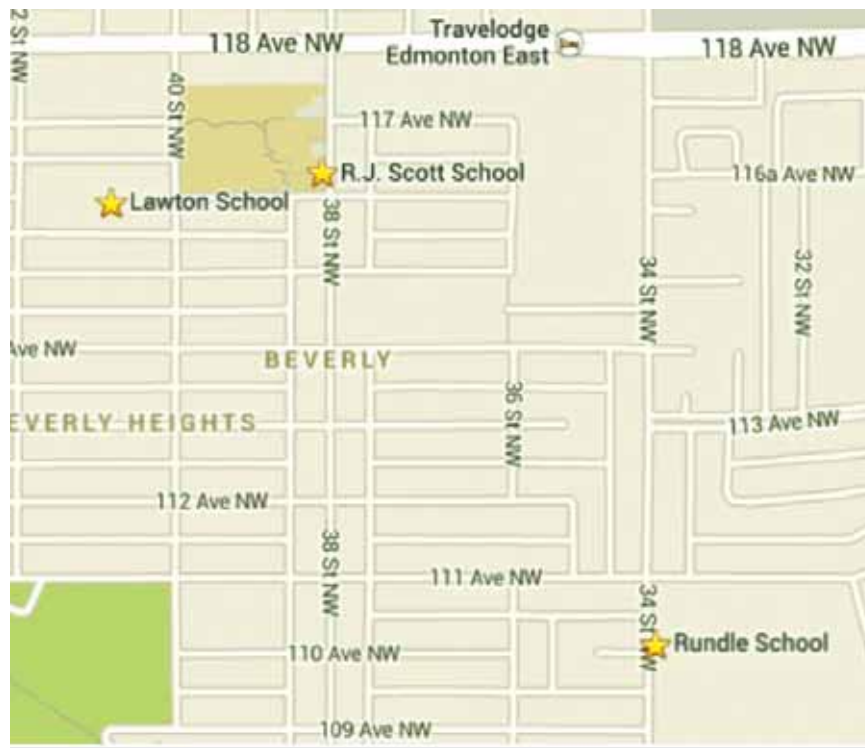
LEAH GERMAIN
leah.germain@metronews.ca

While some Edmonton parents are against the idea of consolidating three public schools in favour of a new, larger facility, community leaders from Beverly Heights have their fingers crossed they'll land the building.

Colleen Fidler, a member of the Beverly Heights community league, said she thinks the lure of a mega-school could bring young families back to the north-end Edmonton neighbourhood.

"I want that school so bad," said Fidler, who also represents the Beverly Towne Community Development Society.

"We work with a lot of the families in the community and the potential for this new school is huge for the community as a



A screenshot shows the schools in the vicinity. GOOGLE SCREENSHOT

whole."

Edmonton Public Schools announced earlier this month it would be looking at nine different schools throughout the city in order to choose a possible three to close down and replace with a larger, more modern facility.

For Fidler, the new school means revitalizing education centres in the community.

"We have a lot of families who have moved their kids out of our local schools for a variety of different reasons," she said, noting parents have been directing their kids to Mount Royal School or into the Catholic system.

While Fidler said the response for a new school has been positive, parents still want to maintain the small-school atmosphere.

"The biggest thing I've heard is people like small schools because there is a sense their child is known by everybody," Fidler said. "People want to maintain that feeling, that sense of smaller school and smaller town."

The school board will be back in the area on May 21 to discuss the closure of R.J. Scott, Rundle and Lawton schools.

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Middle East

Acknowledging a genocide

Palestinian President Mahmoud Abbas called the Holocaust "the most heinous crime" of modern history, voicing a rare acknowledgment of Jewish suffering before Israel held its annual memorial for victims of the Nazi genocide.

Israeli Prime Minister Benjamin Netanyahu brushed aside the comments, saying Abbas's attempts to reconcile with Hamas raised doubts about his intentions. Hamas, sworn to Israel's destruction, has questioned the Holocaust and blocked the subject from being taught in schools in the Gaza Strip.

THE ASSOCIATED PRESS

Hungary

Jews decry plan for Nazi occupation memorial

Speakers at an event Sunday commemorating the 70th anniversary of the Holocaust in Hungary called for dialogue with the government, and condemned plans for a memorial to Nazi Germany's 1944 occupation.

Hungarian Jewish groups have expressed frustration at what they say are efforts by the government to diminish the role local authorities had in the death of Hungarian Jews in the Holocaust. President Janos Ader said Auschwitz, where a third of those killed in the death camp were Hungarian Jews, "forms part of Hungarian history."

THE ASSOCIATED PRESS

L.A. Clippers

Obama responds to racist comments

U.S. President Barack Obama said that comments reportedly made by Donald Sterling, owner of the L.A. Clippers, are "incredibly offensive racist statements," and cast them as part of a legacy of slavery and segregation that Americans must confront.

In the recording attributed to Sterling and posted on the website TMZ, a male voice asks his girlfriend not to broadcast her association with black people or bring black people to games, specifically mentioning Lakers Hall of Famer Magic Johnson. THE ASSOCIATED PRESS



'My God, help me to survive this deadly love'

Artist Dimitri Vrubel and his son Artjom clean graffiti, named 'My God, help me to survive this deadly love,' depicting a fraternal kiss between former Soviet leader Leonid Brezhnev and former leader of the German Democratic Republic, DDR, Erich Honecker, at the East Side Gallery in Berlin. KAY NIETZELD/THE ASSOCIATED PRESS

Survivors recall tales of traumas

Annual Holocaust remembrance. On April 28, Israel will stand still to honour the six million victims of the Nazi genocide

In an annual ritual, Israel will come to a standstill Monday morning for the country's official Holocaust remembrance day. Air raid sirens will wail across the country as pedestrians stop in their tracks and drivers exit their vehicles and bow their heads to honour the six million victims of the Nazi genocide of the Second World War that wiped out a third of world Jewry.

The Associated Press asked a group of Holocaust survivors to share their strongest memory.

Asher Aud (Sieradski), 86 (Poland): Married, three children and 10 grandchildren. Retired from Israel Military Industries, a state-owned weapons manufacturer.

Asher Aud's odyssey reads like a history of the Holocaust's horrors. Over six years, he was separated from his parents and siblings in his native Polish town of Zdunska Wola, then scavenged for scraps of bread, and staved off a debilitating illness alone in the Lodz ghetto

before he was taken to the Auschwitz death camp.

Of all the atrocities he endured, Aud said parting from his mother at the age of 14 was the most traumatic.

In September 1942, the Nazis rounded up the Jewish community inside the local cemetery and were preparing to deport them.

"The Germans walked among us and any time they saw a mother with a child, they tore the child from her arms and threw them into the back of trucks."

"I looked around and I just said, 'Mother, this is where we are going to be separated,'" he said.

Shmuel Bogler, 84 (Hungary): Married, two children, three grandchildren. Retired police officer.

Shmuel Bogler never had the opportunity to say goodbye to his family, rounded up from their home in Bodrogkeresztur and transported to Auschwitz.

"The first thing they did was beat us and separate the women from the men. It happened so quickly, I couldn't even part from my mother and sister," he said.

Jacob Philipson Armon, 76 (The Netherlands): Married, two children, one grandchild. Retired from Israeli defence contractor Rafael.

For Jacob Philipson Armon,



Asher Aud shows a number tattooed on his arm by the Nazis at Auschwitz. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

memories are hard to come by. He was only two when Holland was captured by the Nazis, and three years later he went into hiding, like his more famous compatriot Anne Frank. The family's five children were dispersed among various non-Jews who risked their lives to protect them.

The most traumatic thing he recalls was when German troops kicked down the door of the home of his protector, Kit Winkel, and searched for Jews.

"They burst into the house and started to search for documents, turning over furniture and tearing down wallpaper ... I sat frozen, not daring to move," he said.

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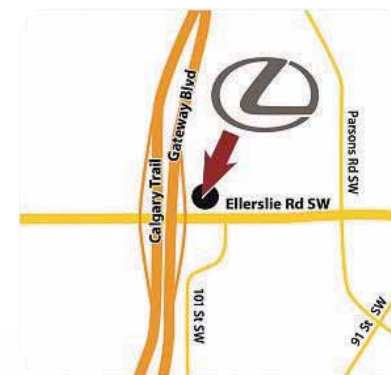
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Massena, N.Y.

Teen's arm severed cleaning a pasta machine

A teenage employee at an Italian restaurant in northern New York has severed his arm while cleaning a pasta machine.

A spokeswoman for Mas-

sachusetts General Hospital said that 17-year-old Brett Bouchard was listed in serious condition Sunday morning. He was flown there after the accident Thursday night at Violi's Restaurant in Massena on the Canadian border.

It's not known yet which agency will investigate the accident.

THE ASSOCIATED PRESS

Montreal mayor

Hours booze is served doth make a metropolis 'fun'?

Montreal's mayor is putting his city's renowned nightlife to the test — and taking a shot at rival Toronto in the process.

Denis Coderre says he

will allow bars on two downtown streets this summer to serve alcohol until 5:30 a.m., two-and-a-half hours later than liquor laws currently allow.

It will run from June 12 to July 5, during weekends. Coderre used Friday's announcement to lob a jab at Toronto, saying a metropolis "should be fun."

THE CANADIAN PRESS

National Defence

DND examines reports on improved 24-7 search-and-rescue

National Defence is once again taking a look at establishing an around-the-clock 30-minute response time for Canada's search-

and-rescue squadrons, an idea the air force has long dismissed as too costly and manpower-intensive.

The Harper government has been under pressure to address the issue since last year's critique by the auditor general and the death of a young boy in Labrador. Two research reports were delivered to senior command. THE CANADIAN PRESS

S. Korea's PM resigns, takes 'all responsibility'

Ferry sinking. 'I hope these deep-rooted evils get corrected this time and this ... never happens again,' said Chung Hong-won

enough to rescue or protect their loved ones. Most of the dead and missing were high school students.

Officials have taken into custody all 15 people navigating the Sewol.

A prosecutor revealed that investigators were looking into communications made as the ship sank between a crew member and the company that owns the ferry.

Chung was heckled by victims' relatives and the PM's car was blocked when he visited an island near the site of the sinking.

The Ministry of Oceans and Fisheries said it would soon change ferry systems so that passenger, vehicle and cargo information is processed electronically. There is not only uncertainty about how many people were on the Sewol, but a huge discrepancy regarding the amount of cargo it was carrying when it sank. The prosecutor said that the cause of the sinking could be due to excessive veering or improper stowage of cargo or other causes.

THE ASSOCIATED PRESS



Relatives of sunken ferry passengers watch as Prime Minister Chung Hong-won resigns. AHN YOUNG-JOON/THE ASSOCIATED PRESS

Paris. Two cops under review in tourist rape

France's interior minister says prosecutors have opened a preliminary investigation of two Paris policemen in connection with the suspected rape of a Canadian tourist inside police headquarters.

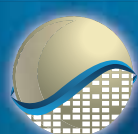
A statement Sunday said both officers, as yet unnamed, as well as a third who wasn't charged but is named as a witness, have been placed on suspension pending the outcome.

Prosecutors are investigating an accusation of gang rape made by the Canadian tourist. French media reports say the woman met the off-duty police officers in a nearby bar.

The police headquarters, on an island in the Seine River, is home to Paris judicial police and is often evoked in France by its address, 36 Quai des Orfèvres. Reports say the woman was distraught on leaving the headquarters and told another officer that she had been raped. Four officers were initially placed in police custody following the accusations. The two officers subject to the preliminary investigation were released on bail, the two others without charges.

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Girl, 16, stabbed to death just before prom

Classmate charged.

Police investigating whether victim turned down his invitation to high school dance

A 16-year-old girl stabbed on the day of her prom died of wounds to her torso and neck, Connecticut's chief medical examiner said Sunday, ruling Maren Sanchez's death a homicide.

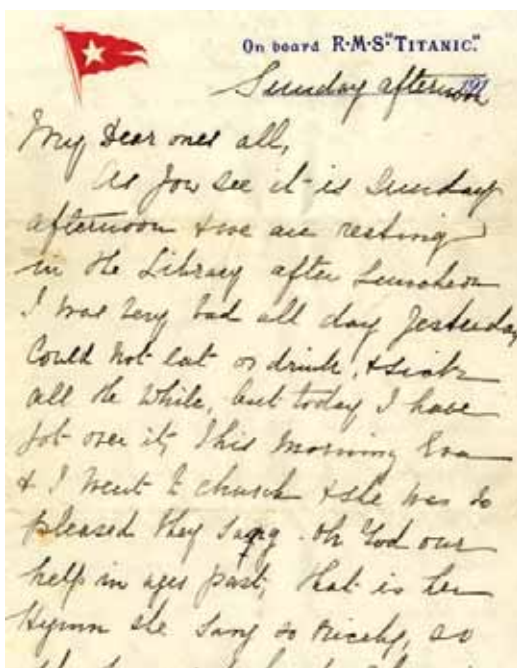
A 16-year-old male classmate is charged with murder in the stabbing at Jonathan Law High School in Milford. The attack occurred Friday morning, hours before the prom, and police are investigating whether Sanchez was stabbed after turning down the boy's invitation to the dance.



A rock spray-painted by students in memory of Maren Sanchez sits outside her high school in Milford, Conn. THE NEW HAVEN REGISTER, PETER HVIZDAK/THE ASSOCIATED PRESS

People who saw the suspect taken into custody identified him as Chris Plaskon, a friend of the victim's.

THE ASSOCIATED PRESS



Rare glimpse aboard Titanic

This letter written in April 1912 by Titanic passenger Esther Hart and her seven-year-old daughter Eva — shortly before the ship sank — sold at auction in England Saturday for 119,000 pounds (about \$220,000). Hart survived, and so did the letter because her husband put it in the pocket of his coat, which he gave to his wife to keep her warm. COURTESY HENRY ALDRIDGE AND SON AUCTIONEERS/THE ASSOCIATED PRESS

Hungary downplaying its role in Holocaust, Jewish groups say

Speakers at an event in Budapest Sunday commemorating the 70th anniversary of the Holocaust in Hungary called for dialogue with the government, condemning its plans for a disputed memorial to Nazi Germany's 1944 occupation.

Thousands took part in Sunday's "March of the Liv-

ing" remembrance walk, which was held for the 12th time in Budapest.

Over the past several months, Hungarian Jewish groups have expressed their frustration at what they say are efforts by Prime Minister Viktor Orban's government to diminish the role local

authorities had in the death of about 550,000 Hungarian Jews in the Holocaust.

Government officials have said repeatedly that Hungarians were both perpetrators and victims of the Holocaust. President Janos Ader said Auschwitz, where a third of those killed in the death camp

were Hungarian Jews, "forms part of Hungarian history."

Hungary was on Germany's side during the war, but Germany invaded after Hitler became suspicious that Hungary was looking for a way out and to reach a peace deal with the Allied forces.

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Experts rule out MERS mutation for virus surge

The source? Mounting evidence points to camels, but it is not yet known how people are contracting the virus

A German coronavirus expert says the virus responsible for the MERS infection appears not to have changed.

Dr. Christian Drosten says based on what his laboratory has seen so far, this month's surge in MERS cases cannot be explained by mutations in the virus. Drosten's lab at the University of Bonn has been looking at genetic sequences of RNA drawn from samples from 30 recent cases from Jidda, Saudi Arabia, where the largest increase in cases has occurred.

In an email, Drosten says the lab has sequenced three nearly full genomes and they see no signs of significant changes that could account for the increase in cases.

Earlier work on the samples showed no major changes in any of sequences, though at that point only a small part of the genome of each had been sequenced.

Drosten says the increase in cases may be due to in-

MERS spread

Authorities in Egypt said Saturday they had diagnosed their first MERS case, in a man who had been in Riyadh, Saudi Arabia.

- People infected with MERS have recently travelled from Saudi Arabia and U.A.E. to Malaysia, the Philippines, Jordan and Greece. There is no evidence those people spread the infection to others. The Malaysian man, who was a religious tourist to Mecca, died from his infection.

fection control problems in hospitals where the virus has spread as well as milder cases coming forward as the public has become more aware of and concerned about MERS.

This is the first analysis of MERS viruses from cases that have occurred in 2014 and fills an important information gap. The number of new cases has spiked sharply this month, leaving experts worried about the possibility that the virus might have become more transmissible among people. **THE CANADIAN PRESS**



Afghanistan flooding kills more than 100

Afghan youth pull their belongings from floodwaters in Jawzjan province in northern Afghanistan Saturday. An official says flooding fed by heavy rains has killed more than 100 people and driven about 1,000 people from their villages after they lost their houses, crops and livestock. The Afghan National Army was using helicopters to rescue people trapped by the waters and to ferry food and water to remote areas. **THE ASSOCIATED PRESS**

Morsi backers say they'll boycott Egypt's elections

Supporters of Egypt's ousted Islamist president said Sunday they will boycott the country's upcoming presidential elections as a court sentenced 40 people to up to 15 years in prison over charges linking them to violent demonstrations last summer.

An alliance led by the Muslim Brotherhood, the group from which toppled President Mohammed Morsi hails, said the presidency is "not vacant" and called the upcoming May 26-27 election a "farce."

Former field marshal Abdel-Fattah el-Sissi, who led the overthrow of Morsi in July after millions demonstrated against him, is the front-runner in the upcoming elections. He faces Hamdeen Sabahi, a former left-leaning presidential candidate.

The Brotherhood-led alliance also boycotted Egypt's January vote on a new constitution, which saw nearly 20 million people overwhelmingly support the charter.

Egypt has been plagued by

unrest and militant attacks since the July overthrow. Egypt's military-backed interim government has launched a sweeping campaign against Morsi's backers and Brotherhood members, killing hundreds and jailing thousands.

The government has branded the Brotherhood group as a terrorist organization and blamed it for a wave of bombings and suicide attacks that have left dozens of policemen dead and injured.

THE ASSOCIATED PRESS

Central African Republic

Trapped Muslims evacuated from capital under armed escort

Heavily armed peacekeepers escorted some of the last remaining Muslims out of Central African Republic's volatile capital on Sunday, trucking more than 1,300 people who for months had been trapped in Bangui by violent Christian militants.

Within minutes of the convoy's departure, an angry swarm of neighbours descended upon the mosque in a scene of total anarchy. Tools in hand, they swiftly stole the loudspeaker used for the call to prayer and stripped the house of worship of its ceiling fan blades.

Armed Congolese peacekeepers stood watch but did not attempt to stop the looting, even as teams of thieves stripped the metal roofs of nearby abandoned Muslim businesses in the PK12 neighbourhood of Bangui.

While previous groups have been taken to neighbouring Chad, Sunday's convoys were headed to two towns in the north on the Central African Republic side of the border.

The exodus further partitions the country, a process that has been underway since January, when a Muslim rebel government gave up power nearly a year after overthrowing the president.

THE ASSOCIATED PRESS

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[illegible]

Military observers speak under armed pro-Russian guard

Eight European military observers held prisoner by pro-Russia forces in eastern Ukraine were marched out under armed guard on Sunday to give public assurances that they weren't being mistreated.

Germany's foreign minister condemned the appearance as "revolting" and a violation of the men's dignity. Four members of the team are German.

One of the observers, a Swedish officer, was released later in the day for medical reasons.

The insurgents in Sloviansk have taken a number of people hostage, including journalists and pro-Ukraine activists, as they strengthen their control in the east of the country in defiance of the interim government in Kyiv and its Western supporters.

On Sunday, they captured three Ukrainian security service officers, who were shown to Russian journalists bloodied and blindfolded with packing tape. Also on Sunday, a crowd of several hundred pro-Russia



Masked pro-Russian activists guard the entrance during their mass storming of a regional television centre in Donetsk, Ukraine, Sunday. EFREM LUKATSKY/THE ASSOCIATED PRESS

activists stormed the television broadcasting centre in Donetsk, the regional capital of eastern Ukraine, to demand that Russian state channels be put back on the air. The Kyiv government last month blocked the broadcasts of the Russian channels, which serve as propaganda tools for the Kremlin.

THE ASSOCIATED PRESS



South Africa celebrates 20 years of democracy

Freedom Day celebrations took place at the government's Union Building in Pretoria, South Africa, Sunday. President Jacob Zuma released balloons and aircraft performed a flyover to mark the end of the apartheid era, when all races went to the polls to cast their votes in historic 1994 elections. THE ASSOCIATED PRESS

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BUSINESS

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What goes up must eventually come down



HOW TO ROLL
Allison Griffiths
metronews.ca

There may be storm clouds hovering over the stock market. Perhaps it's an opportune time to follow an old investor's adage: Sell in May and come back on St. Leger Day — the latter being the final event of the British horse-racing season, falling in mid-September.

Statistics certainly support a pattern of hot-weather doldrums. Going back to 1926, the stock market's average annual summer-time gain is just over four per cent, compared to seven per cent for the November-to-April period.

This year there may even be a stronger reason to lighten up on stocks and equity mutual funds: We're all waiting for a market tumble of more than 10 per cent.

Corrections or pullbacks of less than 10 per cent are common and occur at least once a year, sometimes more. There have been five of them in the last three years.

Bigger declines, in the 20 per cent range, hit the market about every three and a half years.

Oh dear.
Guess when the last doozy struck? That would be the summer of 2011. We are right on target for another

History repeating

11

Number of 10-per-cent-plus stock market declines in the last 25 years

one in the next six months.

But before you rush off to sell everything, think again. Assuming your current investments are quality ones, consider market declines as an opportunity.

1. Have cash. Cash is opportunity personified. When the market heads south, buy more of the strong stocks and funds in your portfolio.

2. Evaluate. You can't put No. 1 into effect unless you know your holdings are top notch. Reassess both mutual funds and stocks. If you have laggards, don't throw good money after bad. Any mutual funds that have not been in the top 25 per cent (called the first quartile) of

their category over five years are likely not worth owning. Your adviser or a site such as morningstar.ca can provide this information.

3. Diversify. A market correction is a great time to spread your investment dollars into different regions, such as the U.S., Europe or Asia.

The coming market storm may veer off course, but it doesn't hurt to be prepared.



China censors TV shows on streaming sites

A computer in Beijing shows a Chinese streaming website with a description of The Big Bang Theory, but the site no longer has access to episodes. Chinese authorities have ordered video streaming websites in the country to stop showing four popular American TV shows, representatives from two sites said Sunday. A spokeswoman for Youku, one of the sites, said it had received notification on Saturday not to show the sitcom The Big Bang Theory, political and legal drama The Good Wife, crime drama NCIS and legal drama The Practice. The State Administration of Press, Publication, Radio, Film and Television didn't give a reason for its order, said the spokeswoman, who couldn't be named because of company policy. NG HAN GUAN/THE ASSOCIATED PRESS

50 Shades of Strange. Burger King's Subservient Chicken is returning soon

Burger King is bringing back one of its strangest advertising creations if you don't count its creepy King: The Subservient Chicken.

The campaign, which was considered groundbreaking when it ran in 2004, featured a website where a giant chicken dressed in garters appeared to perform any task visitors commanded. A costumed actor had been pre-recorded performing hundreds of acts so it would seem as though the chicken was obeying people's orders.

It was an unexpected take on the chain's Have It Your Way slogan, all just to promote a new chicken sandwich. The site got 100 million hits in the two weeks after its launch, according to Burger King.

A decade later, the Miami-based chain is trotting out the Subservient Chicken once again to promote yet another chicken sandwich — a triple-decker called the Chicken Big King that resembles a Big Mac, except with chicken patties.

Burger King says it will post a short video detailing the "rise and fall" of Subservient Chicken on subservientchicken.com on Wednesday.

Like a host of other companies, Burger King Worldwide Inc. is hoping to create a viral marketing hit to connect with younger consumers. The strategies have varied widely and it's not always clear whether they ultimately help boost sales.

THE ASSOCIATED PRESS

Underground economy

CRA still has no grand plan for tax evasion

After a three-year effort, the Canada Revenue Agency has failed to produce a new national strategy to combat the underground economy.

The provinces have been pressing the agency since late 2010 to update its strategy for extracting taxes from the underground economy. THE CANADIAN PRESS

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VOICES

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TERRENCE PLAYS TOURIST

I probably hibernate during winter more than I get out and celebrate it. So I decided to take a tour around the city to see what I might have overlooked during the dead of winter.

We get lots of indications about the state of the economy through various media. My test is to drive up 75th and 50th streets to see how many of the industrial locations have help-wanted signs.

Quite a few of them, it turns out. Though some of them are advertising a need for general labourers, most of them are looking for skilled trades such as welders and machinists. Apparently, our economy is doing quite well. The raw land being developed for industrial clients reinforces that assumption.

During the week, my world is basically a small area of the downtown so I decided to head west along Jasper Avenue. Lots of activity there. It's hard not to be im-



URBAN COMPASS
Terence Harding
edmonton@metronews.ca

pressed with the Pearl Tower at 119th Street. At 36 floors, it is going to be Edmonton's tallest residential building. It's hard to tell what the redevelopment of the old Municipal Airport is actually going to bring, but the removal of height restrictions in the downtown certainly has had an impact.

The Pearl is also the harbinger of things to come in Oliver and other areas. The increasing desire of people to live in the downtown is going to change my old neighbourhood. But in the end, the increase in density is a good thing for the city.

Though our roads are in pretty tough shape after the winter, they are in better shape than they were last year. Still lots of potholes, but nothing that tried to swallow my car.

But rather than just stay on the roads, I decided to check out

Smaller is better

Though our roads are in pretty tough shape after the winter, they are in better shape than they were last year. Still lots of potholes, but nothing that tried to swallow my car.

some of the back lanes that service most of the houses in older areas of the city. My back lane looks like craters on the moon. Sad to say, so do a lot of other back lanes. Not sure when or if that is going to change any time soon.

The centre of downtown is certainly changing. My concern now is about having enough sunlight in the downtown core.

If you have nothing to do on a Saturday or Sunday, I suggest you play tourist in your own town. It's a great way to get a real sense of the city as it currently is.

ZOOM

In the deep end



An artist has created a brilliant 3D illusion of a swimming pool that makes for a deeper meaning. The piece seeks to address the impact of Japan's tsunami and the Fukushima nuclear plant disaster of 2011. COURTESY JEROEN BISSCHEROUX

Artist stuns with 3D optical illusion of swimming pool

Dutch artist Jeroen Bisscheroux has created the illusion of an empty swimming pool, spread across the ground inside a shopping centre in Osaka, Japan.

From a distance, Bisscheroux's artwork — POOL, loss of colour — looks like a two-dimensional painting of a pool. But while standing inside the work the pool's walls appear to drop away, giving the impression that you are floating in mid-air above it. **METRO**

Installation represents impact of Japan's nuclear disaster

Located in the Grand Front Osaka shopping mall, the work is a perfect spot for a photo-op.

However, there is a more sombre message, as the art serves to highlight the Fukushima nuclear disaster of 2011. The empty, discoloured swimming pool "brings the impact of the disaster back to human proportions," says the artist. **METRO**

Metaphors

- Bisscheroux describes the artwork as a carpet: "A place where we welcome guests." This cosy metaphor aims to encourage play and exploration of the empty space.
- The artist left an area to represent the crisis zone "grey and dark." Bisscheroux adds that it's a symbol of the "disastrous consequences" at Sendai.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 12 in News, page 17 in Scene, and page 25 in Sports

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MetroTube

Emojis you wish you had use for



ANDREW FIELD
metronews.ca

Do you love emojis? Of course you do! Do you hate emojis? We prefer to think you just don't love them yet.

Either way, author and illustrator Avery Monsen has you covered with the introduction of 100 high-concept emojis that, sadly, our lives are too dull and tedious to require. But it would sure be nice if we could add them to our keyboards, even if it's strictly for aspiration's sake. (Tap the screen to freeze it.)

Via @averymonsen on Vine.



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Ebooks



A Window on Eternity

By. E. O. Wilson

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MIND THE APP

Kris Abel
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Amongst grandfatherly storytellers, Wilson is superb. The esteemed biologist captures the grand story of Mozambique's National Park, a place tied to humanity's origins and now recovering from Civil War destruction, before whispering details of its smallest species with a twinkle in his eye.

Box office

Captain America toppled by The Other Woman

After holding the top position at the box office for three weeks, femme-fuelled *The Other Woman* has beaten superhero blockbuster *Captain America: The Winter Soldier* for the No. 1 spot in its opening weekend. The revenge comedy grossed \$24.7 million US, while *Captain America* grossed \$16 million. **THE ASSOCIATED PRESS**

A good spy always brings the cupcakes

The Americans.

Costa Ronin explains the finer points of espionage

LISA WEIDENFELD
Metro World News

The Americans is a show that thrives on never quite revealing exactly what motivates its various spies and government agents. Who can be trusted, and who has a hidden agenda?

While Noah Emmerich's Stan Beeman navigates the intricacies of the FBI, his counterparts in the Russian Rezidentura have found a new face in their midst: Oleg Burov, played by Costa Ronin. Oleg received one of the show's finer introductions, missing an important summons from Rezidentura head Arkady Ivanovich (Lev Gorn) because he was listening to American music too loudly on his headphones. While Arkady was quick to write him off as a rich man's son using his connections to get ahead, Oleg has proven resourceful.

Oleg comes off as pretty confident about his spycraft, but as Ronin warns us, "that's his persona."

Tune in

The Americans airs
Wednesday nights at 10 p.m. ET on FX Canada.



Costa Ronin as Oleg Burov in a scene from *The Americans*. FX CANADA

It's also the case with every character on the show, says Ronin. "Everybody's so good at hiding what they think and hiding what they feel because a small display of weakness can lead to somebody dying."

Oleg's apparent bravado may be more for protection than anything else, even among the KGB agents. "He cannot let them see how smart he is, he cannot let them see how savvy he is, he cannot show them all the cards that he's got."

Don't always assume that stony-faced people in suits would make good agents,

though. Ronin says good spies are "the friendliest people you will ever meet, the people who will bring cupcakes to your Sunday brunch, who will pick up your kids from school ... To be the best, you cannot be thought of (as) being a spy."

Though Ronin was initially only signed on for two episodes, the producers decided to keep him on for more of the hit spy drama's second season. As the season has progressed, Oleg has begun a careful dance with Beeman, initiated after a slow-paced but intense car chase, of which Ronin says,

"They did have to tell me to slow down a few times." He begins blackmailing Beeman over his involvement with the poker-faced Rezidentura employee Nina (Annet Mahendru), whom Oleg also begins seeing. It's all a careful balancing act. Will it all come crashing down on him?

"The show's about people and how they struggle with what they have to do," says Ronin. What, exactly, will Oleg have to do? Keep watching *The Americans* to see whether he's just clever enough to stay ahead of the other spies.

2 SCENE



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Title tweak

Jackson renames final Hobbit film

Peter Jackson is tweaking the ending of Bilbo Baggins' journey.

The Oscar-winning director says the original title of The Hobbit finale, There and Back Again, felt misplaced since Baggins arrived at his destination in the second film. He says that title better suited a movie that wrapped up a two-part story instead of a trilogy.

So the final film based on the J.R.R. Tolkien fantasy adventure has been renamed The Hobbit: The Battle of the Five Armies.

Jackson wrote about the decision on Facebook, saying that making the films was sometimes like the hobbit's journey itself, "with hidden paths revealing their secrets to us as we've gone along."

He thought about revising the title when the second film opened last year, but said he and the studio, Warner Bros., kept an open mind until a cut of the film was ready.

THE ASSOCIATED PRESS

Matching home to homeowner

Who Lives Here? New show asks strangers to use their detective skills to pair the person with their dwelling

Whether it's your choice of clothing or career, a new series seeks to explore whether the image presented to outsiders can reveal clues about your most treasured interior space — your home.

In *Who Lives Here?* which premieres Monday at 10 p.m. ET/PT on W Network, five strangers take turns visiting each other's homes, relying solely on their detective skills and powers of perception to pair each person with his or her respective dwelling. The winner takes home \$1,000.

The debut sees an interior designer, security services worker, entrepreneur, TV producer and hairstylist attempting to determine who among them lives in an urban home, converted garage, detached home, loft and bungalow.

"You meet somebody for the



Participants try to match home to homeowner in an episode of the new series *Who Lives Here?* 3BIRD MEDIA

first time and you're processing all of this information on a certain level and you're making assumptions about who they are as a person, how they operate, all different aspects," said series narrator Todd Talbot, who also co-hosts *Love it Or List It Vancouver*.

"I think if you extend those thoughts to where they might live, it paints a picture. I don't mean to get too philosophical about it, but we're very fixated by our outward appearance in public."

The participants don't shy away from critiquing spaces

they visit. Talbot said while contestants understand the nature of the show, they can still be affected by observations made by strangers.

"It's hard to hear somebody make fun of your home because I think ultimately that it's a reflection of who you are.

Quoted

"We make these judgments about what we think your house should look like, and really, if it makes you happy, paint your walls neon pink."

Todd Talbot, narrator of *Who Lives Here?*

And maybe that's not who you are that you show the public, but it is that internal vulnerable side."

Talbot said there are some people who are very bold and love to infuse their space with perhaps an even more magnified version of themselves. But in his experience, more people are hesitant to do so.

"Especially when it comes to selling or showcasing their house, people tend to have this assumption that they need to depersonalize. And I think that idea of depersonalizing sometimes gets sterile to the point where you don't get a sense of who lives there."

THE CANADIAN PRESS



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Begin Again. Keira Knightley singing? Adam Levine acting? New movie puts stars in unfamiliar territory

For Keira Knightley and Adam Levine, filming the movie *Begin Again* was an experience of firsts.

Knightley, an accomplished actress, sings in the movie, whereas Levine, frontman of the band Maroon 5, acts. The two admitted that leaving their comfort zones made them uneasy, but that they related to each other's nerves.

"I kept telling her she was great and she wouldn't believe me, and she told me that I wasn't bad at acting, either, but I didn't believe her, so it was perfect," Levine said Saturday as the film closed the Tribeca Film Festival.

"I was completely terrified," Knightley, 29, said of her singing.

"I didn't anticipate being as frightened as I was. I said yes to doing it, and I was, 'Oh, it's gonna be fine, it's gonna be fine,' and then suddenly I found myself in a studio with real people who did it for a living and I was like, 'I don't know what I'm doing. I'm pretending.'"



Keira Knightley, left, and Adam Levine arrive at the premiere of *Begin Again* at the Tribeca Film Festival on Saturday in New York. EVAN AGOSTINI/THE ASSOCIATED PRESS

To walk a red carpet for his first acting role, Levine, 35, said he was "blown away."

Levine says he enjoyed the experience so much he might have caught the acting bug.

"My experience was so

much fun," he said. "It made me kind of start to like it a little bit, but I don't know. I don't think you can really make those bold declarations, but we'll see."

So how did the two grade

Quoted

"I kept telling her she was great and she wouldn't believe me, and she told me that I wasn't bad at acting, either, but I didn't believe her."

Adam Levine on the self-doubt he and co-star Keira Knightley dealt with while filming *Begin Again*

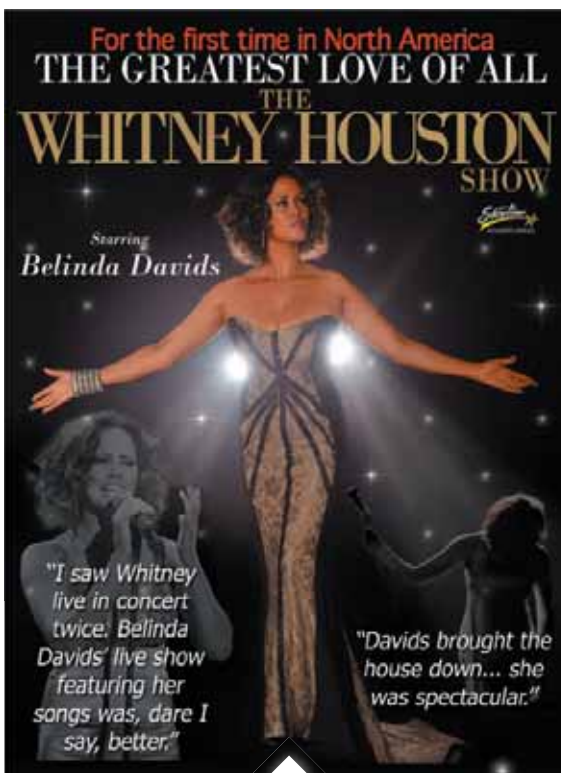
each other? Knightley called Levine a "natural entertainer" who was "sensational in this film."

Levine, who serves as a judge and mentor on NBC's singing competition show *The Voice*, said that if Knightley were to audition he would want her on his team.

Begin Again is directed by John Carney, who was also behind the successful musical drama *Once*. It also stars Mark Ruffalo, Hailee Steinfeld and Catherine Keener. CeeLo Green also has a small role.

The movie opens in North America in July.

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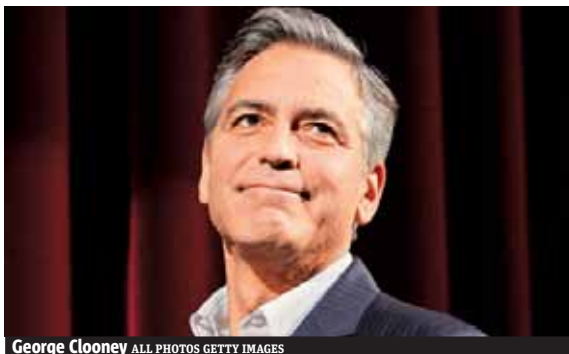
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George Clooney ALL PHOTOS GETTY IMAGES

Why is George's latest squeeze wearing a giant rock?

George Clooney is ending his streak as Hollywood's most marriage-averse bachelor, as the Ocean's 11 star has reportedly asked girlfriend Amal Alamuddin to marry him, according to People magazine. "George and Amal are trying to keep things very low-key but they also aren't really trying to hide this, it doesn't seem," a source says. "I think it's like they want the people they love to know that this is real, that

they plan on being together forever." While it's unclear exactly when Clooney popped the question, Alamuddin was first spotted donning an impressive diamond engagement ring at a dinner with Cindy Crawford and Rande Gerber in Malibu Thursday evening. Clooney and British human rights attorney Alamuddin were first rumoured to be dating in October when they were spotted together in London.

Gwynnie's friends sick of hearing about her perfect ... divorce

Gwyneth Paltrow's separation from Chris Martin is apparently going so smoothly that her friends are reportedly fed up with how smug the Oscar-winning actress has become about it, according to Radar Online. "Conscious uncoupling' has become a joke among Gwyneth's friends. All she's doing is bragging about how peaceful her divorce is and how she and Chris planned it so perfectly that it is hardly disrupting their lives," a source says.



Gwyneth Paltrow

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week



Naomi Watts and Liev Schreiber

Second time's a charm for Naomi and Liev

It took them some time to work out their differences, but Naomi Watts and Liev Schreiber are reportedly ready once again to walk down the aisle, according to Radar Online. "While Naomi and Liev have had their ups and downs, including a cancelled New Year's Eve wedding right before 2008, they've finally worked out their differences and are re-thinking marriage," a source

says of the couple, who have been together for nine years and have two sons together. "Liev really admired how Naomi rose above the flak she got for Diana — a role he really thought she'd win awards for. She was totally brokenhearted over that movie, and Liev has played a huge role in getting her confidence back so she could carry on with four more films she has in production."

Some folks will do anything to avoid a wedding

STARGAZING
Malene Arpe
scene@metronews.ca

Demi Moore will reportedly travel to a yoga retreat in India in order to avoid being near any news outlets when Ashton Kutcher and Mila Kunis marry. To each her own. I would personally rather serve as ring bearer at every one of my exes' weddings than ever have to listen to someone talk about yoga.

Dean McDermott says he cheated on Tori Spelling because having sex with her wasn't "fantastic." Fun fact: Nothing is fantastic while having to look at Dean McDermott, which is why I don't watch Chopped

Canada.

What you can do to help Gwyneth Paltrow's lifestyle site GOOP, which is reportedly in financial trouble:

1) Buy more \$85 plain white T-shirts. 2) Cold-press everything. 3) Consciously uncouple from the notion that you are OK the way you are and don't need to be told how to live.

Gwen Stefani replaces Christina Aguilera on The Voice. The stressed-out lighting crew is scrambling to figure out how to light a fake blonde with bright lipstick and loud clothes.

This week in famous hair: 1) Nicki Minaj is reportedly ditching her wigs. 2) Andrew Garfield gets a buzz cut. 3) Jennifer Lawrence is growing her hair out. 4) Kaley Cuoco gets a bob. 5) Chris Pratt Instagrams a picture of the back of wife Anna Faris's head with the comment "this is a weird thing to brag about but I did that glorious french braid."

Biebs' airport hassle likely caused by current rap sheet

Justin Bieber's return to the U.S. after a visit to Japan was delayed a bit when he was detained by immigration authorities for four hours at LAX late last week, according to E! News. The troubled singer had nothing to say to reporters as he made a dash for his waiting van after the extended stay at the airport, so it's unclear why the authorities were so interested in him. But chances are it has something to do with his current rap sheet, as Bieber has pleaded not guilty to charges of driving under the influence, resisting arrest and driving with an expired licence related to his January



Justin Bieber

arrest in Miami. He's also been charged with assaulting a limo driver in Toronto back in December.

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Five ways we find ourselves buried in a mountain of debt

No money, mo' problems. Prepare for the worst to avoid going into the red



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Often when people meet me out and about, they want to talk about the show. At some point in our conversation they say something like, "How'd they get themselves in such a mess?" These are the people who can't conceive of spending more than they make or having all that debt. Here are five ways it happens:

1. No Money Management Skills

Unfortunately, a lot of people were never taught the skills of money management. Each day people fly by the seat of their pants, hoping that things will turn out OK. Some days they do. Many days they don't, and they end up running around firefighting to stay afloat.

If you don't know how much money you make, how will you know how much money you can spend? If you charge whatever you're buying on your credit card, but you don't know how much you have to spend, how will you pay off that credit card when the bill comes in?

A lack of money management skills is, perhaps, the biggest predictor of financial failure. All the credit counselling, all the bankruptcies, all the income in the world isn't going



Start socking away savings so life's hurdles don't catch you financially unaware. ISTOCK

to save your butt if you don't take the time to figure out how to use what you've got to your advantage. There are rules to follow, work to put in, and self-control to be applied.

2. Underemployment

Some people are just born lazy, y'know. I've worked with more than one person who thinks that earning \$14 an hour for 37.5 hours a week is just fine.

Bringing home \$400 a week is fine, if you're prepared to live on \$400 a week. But most people aren't. They want to drive cars, they want to take vacations, they want to have cellphones and premium cable and everything else their pals have. Sometimes when I tell these people to go make more

money, they complain that it'll take away from their Mommy or Daddy jobs. Yet many of those same people spend hours a day doing stuff that doesn't involve their kids. THOSE are the hours you should be spending making more money.

3. Income Goes Down, Spending Doesn't

People get laid off from work. People get sick. People stay home to raise their children. Their incomes go down, sometimes waaay down, but their spending doesn't change. They use their credit cards, lines of credit and overdraft protection to fill the gap and then say they are surprised to find they are buried in debt. Then they get a consolidation loan or wrap

the consumer debt up in their mortgages and go out and do it all over again. Of course, these same people could have built themselves a buffer against changes in their financial circumstance, except for Reason No. 4.

4. No Savings

We seem to have developed an aversion to saving. We use the excuse that we can't get much return on our money right now, so what's the point. Ha! Talk about *justification*. Wow. We've watched the savings rate plummet over the past three decades, hitting the negatives. How can that ever be a good thing?

Of course, if we were willing to live on a little less now

so that we'd have a cushion set aside in case we lost our jobs, we wouldn't be pushed into Debt Hell quite so quickly. And if, knowing we were going to take time away from work to raise kids or go back to school, we set aside some money to see us through our future plans, we wouldn't dig ourselves a tunnel to Debt Hell.

5. Getting Sick

Some people believe they will never get sick. It's why people don't bother to get critical illness insurance, disability insurance, or life insurance. In my mid-40s, my best friend died. She was also in her 40s. But before she died, she had years of dealing with MS and then with breast cancer and finally brain cancer.

If she hadn't had disability insurance, she would have been totally screwed. As it was, every month was a challenge financially. And believe me, she didn't need any more aggravation.

Of course, you may not be the one to get sick. It may be your partner, at which point you better have some money to help pay for the things he or she used to. Or it may be a child or an elderly relative that causes you to lose time off work.

There are life events that can contribute to pushing us into debt, but if we had been managing our money all along — saving some, covering our risks with insurance, being responsible with our money — those life events could have been a lot less painful.

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Did you know **72%** of pain sufferers regularly have trouble sleeping?*



*Source: Data on file. Johnson & Johnson Inc. Analgesics Equity/U&A Research, 2010

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SHOPPERS DRUG MART

Wake-up call gets Arianna Huffington to redefine success as a good night's sleep

Thrive. In her new book, *The Huffington Post's* editor-in-chief urges others to look beyond the pursuit of money and power

It took a collapse in her home office resulting from exhaustion and sleep deprivation for Arianna Huffington to truly wake up.

As she worked relentlessly to build her rapidly expanding media company, that fall on a spring morning in 2007 left Huffington with a broken cheekbone, an eye injury and a renewed resolve to re-examine her life.

Yet long before the incident, Huffington acknowledged there were other key moments that should have put her "sleep-deprived, burnt-out-fuelled existence into perspective." The loss of her first child that was still-born. A breast cancer scare. Her divorce.

In her new book *Thrive* (Harmony Books), Huffington proposes what she describes as a "Third Metric" to define success — one that extends

beyond the pursuit of money and power.

The co-founder and editor-in-chief of The Huffington Post Media Group includes the following as pillars of the Third Metric: self-care, well-being, wisdom, wonder, and giving.

Huffington dedicated *Thrive* to her late mother, Elli, whom she saw as a true embodiment of the Third Metric, reinforced with anecdotes of the spirited matriarch woven throughout the book.

"My mother was somebody who always lived life with an open heart, making connections with people, not multi-tasking, all of the things that dominate our lives now were things that she realized were not going to lead to a life of meaning and purpose," Huffington said in an interview in Toronto.

"She truly believed — she taught my sister and me — in not missing the moment, and that happiness is really about being 100 per cent present in the moment of what we are doing.

"Unfortunately, our minds often want to take us in the past, judging what we've done. Often, this voice that



Arianna Huffington, co-founder and editor-in-chief of The Huffington Post Media Group, poses in Toronto while promoting her new book *Thrive*. DARREN CALABRESE/THE CANADIAN PRESS

we all have in our heads that I call the obnoxious roommate ... that puts us down, judges us constantly, questions our dreams, or our mind, wants to take us in the future worrying, being anxious about what's going to happen."

In addition to touting the benefits of meditation, the self-described "sleep evangelist" recognized the importance of getting sufficient shut-eye after her collapse and started to read about the scientific value of sleep.

"It's really a miracle drug. It affects our health and well-being, our mental clarity, our capacity for joy," said Huffington, who over time has gone from getting four to five hours of sleep a night to between seven and eight.

At the end of each section of *Thrive* she offers tips on small steps readers can take immediately to start charting a course to wellness. Among them: aiming to get 30 more minutes of sleep a night. She has also established her own

wind-down routine which encompasses turning off all her devices (including an iPhone and four BlackBerrys) and placing them outside of the bedroom.

"We have to recognize that we are addicted to our smartphones and the impact that that has on being able to connect deeply with the people we love. I think we need to make checking our smartphones during dinner as socially unacceptable as picking your nose or scratch-

Digital detox

"It was wonderful to have a meal without Instagramming it, to watch a sunset without Instagramming it, and to have conversations with my children when they would say something funny I wouldn't feel the temptation to tweet it."

Arianna Huffington, describing her most recent Christmas vacation spent with her ex-husband and daughters.

ing your private parts," Huffington said.

Despite finding personal success in making changes, Huffington realized there are others who may find the prospect of following suit difficult — especially those faced with significant demands on the job and elsewhere. But if anything, she sees the steps she outlines as even more critical for those whose lives are particularly challenging.

"There are a lot of things in the outside world that we cannot control. We cannot control having a boss, say, that expects us to be on all the time. And let's say that we have to stay in that job. ... There's a lot we can do to deal with our own attitudes to our job and what we're doing when we're not on the job," she said.

"When our own inner world changes, we're more likely to change our outer world." **THE CANADIAN PRESS**

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When life gives you lemons, make some artisanal vodka-thyme lemonade

Loss leaders. While Kaila and Tammara didn't win MasterChef Canada, the sour news isn't stopping them from making some sweet career moves

The latest two home cooks ousted from the penultimate episode of MasterChef Canada have both been inspired to make a foray into the professional food world.

Third-place finisher Kaila Klassen of West Kelowna, B.C., who was dismissed from the MasterChef Canada kitchen after making a minor error in the pressure test, is in the process of opening her own restaurant in Kelowna called Krafty Kitchen and Bar.

Tammara Behl, who came fourth, has just launched a Calgary catering company and says she will also make

Learning from the taste of defeat

"I know now that it is very, very important to listen to your instincts and listen to your gut."

Third-place finisher Kaila Klassen, who was ousted from the reality show after making a minor error in the pressure test, is in the process of opening her own restaurant.

guest appearances on CTV Morning. She's given up her teaching position with the Calgary Board of Education.

Behl was eliminated during a mystery box challenge that featured Italian ingredients chosen by guest judge Joe Bastianich of MasterChef.

Both women said Tuesday that being one of the 16 home cooks on MasterChef Canada meant sacrifices: Behl left her husband and two young children while Klassen relinquished her real estate career during the six weeks spent in Toronto taping the show. But the experience was ultimately rewarding.

"I learned that you really have to learn from people

even though they might be less experienced than you or less informed," said Behl. "Everybody has something to teach you and really be nice to your neighbour."

Klassen added: "I know now that it is very, very important to listen to your instincts and listen to your gut and, as Tammara says, be kind, be genuine, be honest and to listen to the judges. Always listen to the judges. They're always right."

Chefs Michael Bonacini, Alvin Leung and Claudio Aprile, who judged the contestants in Season 1 of MasterChef Canada, will be staying on to helm Season 2, CTV has announced.



Tammara Behl cuts meat during an episode of MasterChef Canada. After getting cut from the show, she launched a catering company. MARK O'NEILL/BELL MEDIA

Being on MasterChef Canada was like living in a pres-

sure cooker, the two acknowledged, but their love of all

Finale airs tonight

Eric Chong, a chemical engineer from Oakville, Ont., and Marida Mohamed, a stay-at-home mom from Toronto, will battle it out to win \$100,000 in the MasterChef Canada finale, airing tonight on CTV.

things culinary kept them going.

"When we weren't filming, we were thinking about food," said Klassen. "We were thinking about MasterChef, and so it was a very stressful situation, but I think with us all having a commonality with a love for food it was great because we could get away at the end of the night and just talk about food and not have to talk about the show, and just enjoy. It was fantastic. Everyone was amazing." **THE CANADIAN PRESS**

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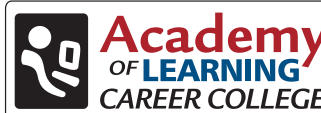


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"Pork: The Other White Meat" is a slogan used since 1987 to help pork compete with poultry, and it's worked! Ounce for ounce, pork tenderloin has less fat and fewer calories than a chicken breast, and the image that pork was only a fatty meat has been overcome. It is considered an extra lean meat according to government guidelines.

Pork is a good source of iron, zinc, selenium and phosphorus and has been known to fight against Type 2 diabetes, helping to maintain optimal sugar levels. Today, due to better health procedures, you can now eat your pork medium rather than well done.

The old practice was to cook until 160 F, which dried out this lean meat.

Ingredients

Serves 4

- 1 lb pork tenderloin
- 1 Tbsp. Dijon mustard
- ½ cup finely chopped shelled pistachios
- 3 Tbsp. grated Parmesan cheese
- 2 tsp olive oil
- ½ tsp minced garlic

FLASH FOOD



From your fridge
to your table in
30 minutes or less

It is now recommended to cook your pork to just 145 F for a moist and delicious medium-cooked meat.

This flavourful nut crust goes so well with this tender meat. You don't need to salt your pork since the cheese and mustard contain sodium.

When you cook the meat to medium, you won't need a sauce since the meat is so tender and tasty. Feel free to substitute any nuts of your choice. This topping also goes well over chicken or fish. Don't worry if the crumbs don't all stick; just serve them alongside the medallions.



The pistachio-nut crust on this pork tenderloin also goes well over chicken or fish. ROSE REISMAN

Directions

1. Preheat oven to 400°F. Sear tenderloin in skillet sprayed with vegetable oil, just until browned on all sides, about 3-4 minutes.
2. Place on a baking sheet. Rub mustard all over tenderloin.
3. In a small bowl, combine pistachios, cheese, olive oil

and garlic. Pat onto all sides of tenderloin.

4. Bake until temperature reaches 140°F (medium) or approximately 15-20 minutes.
5. Let rest for 10 minutes, then slice into medallions.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Nutritional information

Per serving

- Calories. 254
- Carbohydrates. 4.5 g
- Fibre. 1.6 g
- Protein. 28.5 g

- Total fat. 13.2 g
- Saturated fat. 3 g
- Cholesterol. 77.3 mg
- Sodium. 204.3 mg

Add a little sweetness to your supper routine



One cup of these peas contains more vitamin C than half an orange.
ROSE REISMAN

Sugar snap peas are different from English peas and snow peas. They are less fibrous and can be eaten when the pod is young. Sugar snap peas have a sweet taste with a crunchy texture and can be eaten raw, or cooked as a vegetable side dish or snack.

High in vitamin C, one cup of these peas contains more than half an orange. This nutrient-packed veggie also contains vitamin B in the form of folate, known to reduce the risk of birth defects and help lower the risk of heart disease.

This is a simple Asian-style recipe that can be used to accompany any main course. You can substitute snow peas or green beans, but you can't find a sweeter and crisper pea

Ingredients

Serves 6

- 1 Tbsp. honey
- 1 Tbsp. rice vinegar
- 1 Tbsp. sesame oil
- 1 Tbsp. low-sodium soy sauce
- ½ tsp minced fresh garlic
- 1 tsp vegetable oil
- 1 lb sugar snap peas, trimmed
- 2 Tbsp. chopped toasted cashews
- 1 Tbsp. toasted sesame seeds

Directions

1. Combine the honey, vinegar, sesame oil, soy sauce and garlic in a small bowl. Set aside.
2. Heat the vegetable oil in a large nonstick skillet over medium-high heat. Add the snow peas and cook until tender-crisp, about 3 minutes. Pour the sauce over the peas and cook until heated through. Serve immediately, garnished with cashews and sesame seeds.

Preparation Time: 10 minutes

Cooking Time: 3 minutes
Make ahead: Best cooked just before serving.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Nutritional information

Per serving

- Calories. 100
- Carbohydrates. 10 g
- Fibre. 2.2 g
- Protein. 2.8 g
- Total fat. 5.3 g
- Saturated fat. 0.8 g
- Cholesterol. 0 mg
- Sodium. 93 mg

New York-Philadelphia

Rangers push Flyers to brink of elimination

Henrik Lundqvist didn't allow a bad ending to the second-period wreck an otherwise good day for the New York Rangers.

Lundqvist was the beneficiary of a three-goal lead that was trimmed to two

when the Philadelphia Flyers got their power play to work in the closing seconds of the middle period. But the Rangers kept it together in the third, withstood a late surge, and pushed the Flyers to the brink of elimination with a 4-2 victory Sunday.

Lundqvist stopped 24 shots and didn't face more than 10 in any period.

New York leads the series 3-2. **THE ASSOCIATED PRESS**

Anaheim-Dallas

Ducks douse Stars' hopes in Dallas

Nick Bonino scored 2:47 into overtime, after getting one of Anaheim's two goals late in regulation, and the Ducks beat the Dallas Stars 5-4 in Game 6 on Sunday night to clinch the first-round series.

The Ducks scored twice in the final 2:10 of regula-

tion to force overtime for the first time in the series.

In OT, Bonino skated around from behind the net and got a puck over Kari Lehtonen's left shoulder to get the Ducks within 4-3.

Anaheim got the overtime-forcing goal with 24 seconds left after a wild scramble in front of the net with an extra skater and Lehtonen without his stick. **THE ASSOCIATED PRESS**

Stiff competition



"When you play this team, you know you're in for a tough night. Nothing comes easy against Boston."

Canadiens defenceman Josh Gorges on his team's next playoff opponent — the Bruins.

Blackhawks eliminate their case of the Blues

NHL playoffs. Chicago wins first-round playoff series in six games, will face either Minnesota or Colorado next

First, it was Jonathan Toews on a power play, and then Patrick Sharp got loose on a breakaway. Andrew Shaw tipped one home, and it was all over.

One dazzling stretch for the Chicago Blackhawks put an end to their tight first-round series against the St. Louis Blues.

Duncan Keith had a goal and three assists, and the Blackhawks used a four-goal third period to finish off the Blues with a 5-1 victory in Game 6 on Sunday.

"It feels good to contribute in a big game," Keith said, "and I think just the main thing for me is just being able to move on and get a couple days to relax and just regroup

and focus on the next round."

Chicago won four in a row after a slow start in St. Louis. The defending Stanley Cup champions will play the winner of the Minnesota-Colorado series in the Western Conference semifinals. The Avalanche lead the Wild 3-2 heading into Game 6 in Minnesota on Monday night.

Toews, Sharp and Shaw scored in the first 7 1/2 minutes of the third and Keith closed out the scoring as the Blackhawks improved to 14-2 in home playoff games over the past two seasons.

Bryan Bickell scored in the first and Corey Crawford made 35 saves, keeping Chicago in a tie game when St. Louis controlled the second period.

"They were dominating the first 40 minutes here and we came back with maybe the best period of the year," coach Joel Quenneville said.

T.J. Oshie scored for the Blues, while Ryan Miller finished with 22 saves.

THE ASSOCIATED PRESS



The Blackhawks celebrate Duncan Keith's third-period goal against goalie Ryan Miller and the Blues during Game 6 of their first-round playoff series in Chicago on Sunday. JONATHAN DANIEL/GETTY IMAGES

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Raptors grind out split in Brooklyn

NBA playoffs. Despite faltering after hot shooting start, young Toronto club leaves N.Y.C. tied 2-2 in series

DeMar DeRozan scored 24 points as the beaten-up Toronto Raptors tied their playoff series with the Brooklyn Nets with a 87-79 victory Sunday.

The victory was the Raptors' first playoff win on the road since a win over Philadelphia way back in 2001.

A hobbling Kyle Lowry added 22 points, while Amir Johnson finished with 17. Patrick Patterson and Greivis Vasquez finished with nine points apiece, and Patterson grabbed a team-high nine rebounds.

The best-of-seven Eastern Conference playoff series heads to Toronto tied at two wins apiece. Game 5 is Wednesday at the Air Canada Centre.

Paul Pierce led the Nets with 22 points, while Mirza Teletovic had 12. Kevin Garnett and Deron Williams finished with 10 points apiece.

The Raptors scored 35 points in the first quarter and led by as much as 17 points —

Close enough for ya?

678-677

Prior to Sunday, Toronto had outscored the Nets 678-677 in their seven meetings this season.

Game 4

87

Raptors

79

Nets

the biggest lead by either team in this series — in what was a dogfight of a game.

But Toronto started to come apart in the second quarter — they ran into foul trouble and couldn't hit shots, and scored a combined 32 points in the second and third quarters.

Still, the nailbiter went into the fourth all tied up 67-67. The Nets took a four-point lead but consecutive baskets by Valanciunas — including a hook shot over future Hall of Famer Garnett — then a three-pointer by Vasquez had the Raptors up by four points with 4:07 to play.

The Nets wouldn't threaten again, and when the final whistle blew, the Raptors fans in attendance at Barclays Center stood and applauded the Toronto players off the floor.

The Nets won Games 1 and 3, in what's been an incredibly even matchup all season between these two teams.

Lowry, who came away from Friday's game with a bad right knee and a busted lip, was noticeably limping at times, but coach Dwane Casey had said pre-game: "He's one of the toughest guys I've been around as a guard as far as fighting through things."

THE ASSOCIATED PRESS



Raptors guard Kyle Lowry goes up for a layup against Nets guard Deron Williams on Sunday night in Brooklyn. KATHY WILLENS/THE ASSOCIATED PRESS

NBA playoffs

Clippers stand together against owner Donald Sterling

The Los Angeles Clippers made a silent protest against owner Donald Sterling before Game 4 of their Western Conference playoff series against Golden State. The Warriors past the Clippers made a different kind of statement during the game.

And just like that, a series pulled into a race-related scandal took another twist.

Stephen Curry made a career playoff-high seven three-pointers and scored 33 points, leading the Warriors past the Clippers 118-97 on Sunday to even their first-round series at two games apiece.

The game almost became an afterthought — until tipoff anyway — after an audio recording was posted Saturday online by TMZ purportedly of Sterling making comments urging a woman to not bring black people to his team's games. The alleged comments, which are under investigation by the NBA, have set off reactions of anger and calls for action through the league.

THE ASSOCIATED PRESS

Jordan speaks up



"As an owner, I'm obviously disgusted that a fellow team owner could hold such sickening and offensive views."

Charlotte Bobcats owner Michael Jordan

MLB. Jays ace pitches team back onto winning track

R.A. Dickey, his knuckleball moving like the noggin on his bobblehead giveaway, gave the Toronto Blue Jays a sorely needed quality start Sunday.

And the rest of the team also stepped up, with Brett Lawrie and Edwin Encarnacion combining to drive in four runs in a 7-1 victory over the Boston Red Sox.

Toronto (12-13) leaves for an eight-game road trip, which starts Tuesday in Kansas City, having washed away the taste of a sour four-game losing streak at home.

Dickey (2-3) scattered five hits over 6 1/3 innings, giving up one run and striking out six. THE CANADIAN PRESS



R.A. Dickey provided the Blue Jays a quality start in their 7-1 win over the Red Sox on Sunday at Rogers Centre. FRANK GUNN/THE CANADIAN PRESS



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Horoscopes

Aries

March 21 - April 20

Don't worry if your finances have not been too healthy of late because you will find ways to replace what you have lost or spent.

Taurus

April 21 - May 21

Throw caution to the wind and let the universe decide whether you are going to win or lose. With a solar eclipse coming up in your sign you will almost certainly be a winner.

Gemini

May 22 - June 21

Mercury, your ruler, may be moving through the most shy and retiring area of your chart but if past experience is anything to go by that will merely encourage you to redouble your efforts to put on a show.

Cancer

June 22 - July 23

Keep things simple over the next 24 hours and you won't go wrong. You know what it is that you want, you know where it is you can find it and there is nothing anyone can do to deny you.

Leo

July 24 - Aug. 23

Put yourself forward and show what you can do. Employers and others in positions of power are looking for people who are decisive. And that's you.

Virgo

Aug. 24 - Sept. 23

You may not be entirely convinced that what you are about to do is going to succeed but you have promised others that you will try. Don't let them down!

Libra

Sept. 24 - Oct. 23

According to the planets you are carrying too much emotional baggage. Once you have confronted your fears you may realize there was little to worry about in the first place.

Scorpio

Oct. 24 - Nov. 22

Someone who is aggressive for no good reason is likely to bring out the worst in you today. No doubt they have not experienced a Scorpio's sting before but it's unlikely they will forget it.

Sagittarius

Nov. 23 - Dec. 21

Because you like to be independent you may not enjoy what takes place over the next 24 hours. You may have to fight for your right to set your own agenda and come and go as you please.

Capricorn

Dec. 22 - Jan. 20

You are full of energy thanks to the approaching eclipse and it's important that you channel it in constructive directions. Don't waste your time on projects that are not challenging enough.

Aquarius

Jan. 21 - Feb. 19

The task you are faced with today may seem daunting but if you attack it in the right way there is no doubt at all you will make a success of it.

Pisces

Feb. 20 - March 20

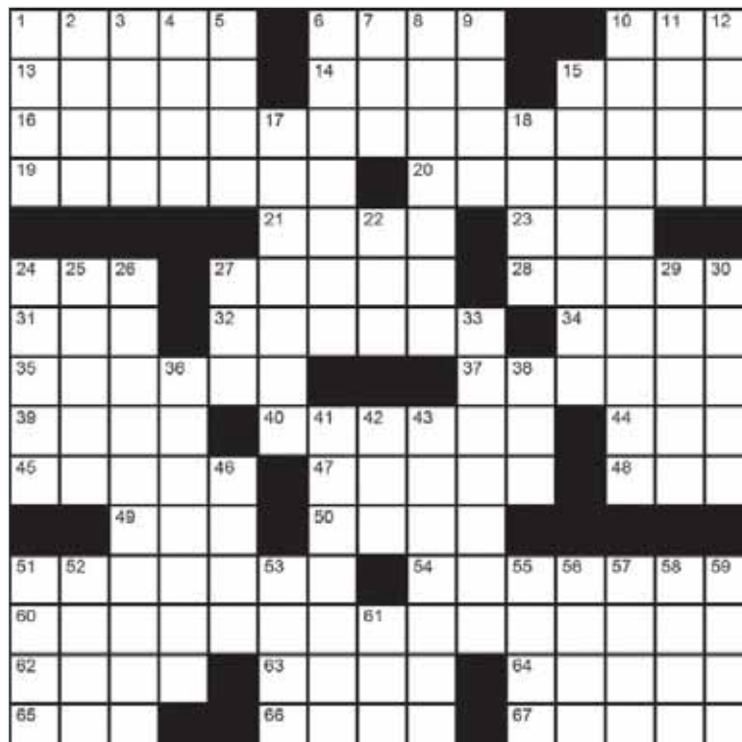
Anyone who thinks you lack the spirit of adventure will have to think again as cosmic activity in the most outgoing area of your chart inspires you to try so many new things.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Jean-Claude Van ____
6. British actor Idris ____
10. Min. bit
13. "Congratulations ____ order!"
14. Particular primary pigment
15. Glide
16. "No Sugar Tonight/____" by The Guess Who
19. "Put Your Hand in the Hand" land, 1971 hit for Canadian band Ocean
20. 1987 Steve Martin/Daryl Hannah comedy filmed in Nelson, BC
21. Nero's 1052
23. Flight-leaving info
24. F1's PC neighbour
27. Leading by a point, as 5 to 4: 2 wds.
28. Ms. Winger
31. Gymnast, e.g.
32. Permafrost-y expanse in The Arctic
34. Big cat
35. One trying to locate a missing parcel
37. Gwyneth Paltrow's mother Ms. Danner
39. Apartment bldg. boss, colloquially
40. "Yellow Submarine" (1968) tune: "It's ____ Much"
44. 'Jacob' suffix



45. Stephen ____ Canadian star of "Arrow"
47. Droplet-looking throat part
48. Puget, e.g.
49. The Lion
50. Small
51. "Trailer Park Boys" character

54. Sequester
60. Beetle that is a threat to the type of tree in its name: 3 wds.
62. Manly
63. Ms. Russell
64. Cake topper
65. Couture monogram

66. Beatles title lady
67. Herring-like fishies

Down

1. "Shoot!"
2. Scope
3. Whimper
4. "____ on the Beach" by Jane Siberry
5. Organic compound

6. Level of command
7. Cleaning chemical
8. Australia: Great ____ Reef
9. Year, fancy-style
10. Catchy interview quotes: 2 wds.
11. Get paid
12. First Nation of Manitoba

15. Distinguished
17. Deep-fried battered vegetables of Japanese cuisine
18. Cut
22. Not-reliant-on, briefly
24. ____ hole in (Corrodes)
25. Guitarist's move
26. 'Music' provider when wedding rice is thrown: 2 wds.
27. Driver's 4x4, commonly
29. J.R.R. Tolkien: Grassy area in Middle-Earth
30. A means to ____
33. Eradicate
36. Cause ____ (Attention-grabbing controversy)
38. Hawaii's Mauna ____
41. Town in southern Saskatchewan
42. Gladiator's 56
43. Northern Africa country
46. Kinks hit
51. "____ Baby" by The Ronettes
52. Ms. Thurman's
53. Betty's role on "Hot in Cleveland"
55. Some sashes
56. Ness Monster's place
57. Opera solo
58. Oversee
59. Work units
61. Prince Valiant's son

Friday's Crossword

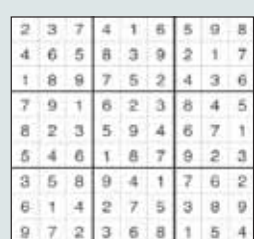


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY



MAX: 10°
MIN: 2°

TUESDAY



MAX: 12°
MIN: 4°

WEDNESDAY



MAX: 16°
MIN: 5°



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